



Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

## **COVID-19: Tell Us What You Think**

We want you to let us know how you're feeling as a result of the COVID-19 pandemic and your thoughts on the Support & Resources made available to you through your assistance program.

Please take our 2-minute confidential survey. Your responses will help us make sure that you get the information and help you need in the future.

[Complete the survey](#)

© 2024 LifeWorks (Canada) Ltd. Your program may not include all services described on this website, please refer to your benefit material for more information. For immediate assistance, call 1.844.880.9137.